



A Journey of a thousand miles.

I have included this gallery of photos in order to show how my passion for walking began. Although I have been a postman for quite a number of years now, it was only in the last few years that I began to see it more as a passion. At first I would travel to different towns or cities to explore them but eventually I found that I wanted to see more and the best way to see more of the surrounding areas is to walk from one town or city to another. When you travel by train, coach or car you can miss so much, by walking, you get more time to appreciate your surroundings. Walking gives you the opportunity to find different ways to get from one place to another that are inaccessible in other ways. You don't have to walk as much as I have done in order to do this, you know your own limits, but some could probably do even more. For me it is quite addictive but I am limited by work. Walking forty or fifty miles and getting back home in time to get some sleep to get up for work the day after was quite a challenge, even someone who has quite a lot of experience of walking like me still found it hard going at times. I even managed to get lost sometimes, it is very easy to do but I believe that God got me home safely each time and I believe this is important because no matter how much we plan ahead or how clever we think we are, we don't know everything. We all have to exercise faith even when we don't realize that we are doing it. This is not blind faith, there are good reasons for believing it. By Philip Catherall

(1) Skye Bridge (2) Oban (3) Largs (4) Ayr (5) Girvan (6) Stranraer (7) Inverness (8) Aberdeen (9) Dundee (10) Edinburgh (11) Berwick Upon Tweed (12) Newcastle (13) Middlesbrough (14) Saltburn (15) Whitby